



# YOGA FEDERATION OF INDIA

(REGD. UNDER THE SOCIETIES REGISTRATION ACT XXI OF 1860, REGD. NUMBER 1195, DATED 14.02.90)

AFFILIATED TO ASIAN YOGA FEDERATION & INTERNATIONAL YOGA SPORTS FEDERATION

RECOGNITION OF : INDIAN OLYMPIC ASSOCIATION - OCTOBER, 1998 TO FEBRUARY, 2011

REGD. OFFICE : Flat No. 501, GHS-93, SECTOR-20, PANCHKULA -134 116 (HARYANA) - INDIA

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**Ref. No.YFI /25195-25275**

**Dated: 22.03.2021**

**Subject: Minutes of virtual meeting of Yoga Federation of India held on 11<sup>th</sup> March, 2021 at 05:00 PM under the chairmanship of Smt. Indu Aggarwal, President, YFI.**

Following were present in the meeting.

S. No.	Name	State/ Unit
1.	Shri Ashok Kumar Aggarwal, Life Time Chairman, YFI	Haryana
2.	Mrs. Indu Aggarwal, President, Yoga Federation of India	Haryana
3.	Yogiraj N. Ramalingam, Sr. Vice President, YFI, Sec., TNSYA	Tamil Nadu
4.	Shri Sanjay Jha, Secretary General, YFI & General Secretary, JYA	Jharkhand
5.	Shri Raman Kumar, Treasurer, YFI & Secretary, Himachal Pradesh.	Himachal Pradesh
6.	Shri Yash Parashar, Organizing Secretary, YFI & Gen. Secy. U.P. Yoga Association	Uttar Pradesh
7.	Prof. Prabir Karmakar, Vice President, YFI and President, JYA	Jharkhand
8.	Shri G. Gadharappa, President, KSAYA	Karnataka
9.	Shri K. Prabhu, Zonal Secretary, South Zone, YFI	Karnataka
10.	Shri Chandrakant S. Pangare, Zonal Secretary, West Zone, YFI.	Maharashtra
11.	Shri Prabhat Chander Bora, Zonal Secy. North East Zone, YFI and General Secretary, Assam Yoga Association	Assam
12.	Shri Gautam Sinha, General Secretary, WBYA	West Bengal
13.	Dr. Sher Singh, President, Yoga Sport Association of Rajasthan	Rajasthan
14.	Dr. Abhinav Joshi, Secretary, Yoga Sport Association of Rajasthan	Rajasthan
15.	Shri M. P. Singh, President, Yoga Sports Association, MP	M.P.
16.	Ms. Shilpi Chugh, Gen. Secy. Yoga Sports Association MP	M.P.
17.	Dr. Sanjiv Pathak, Gen. Secy. Haryana State Yoga Association	Haryana
18.	Dr. M.K. Virmani, Chairman, Chandigarh Yoga Association	Chandigarh
19.	Dr. Rajiv Uppal, Gen. Secretary, Chandigarh Yoga Association	Chandigarh
20.	Dr. Anita Patil, President, Maharashtra Yoga Association	Maharashtra
21.	Shri Jatin Solanki, General Secy. Maharashtra Yoga Association	Maharashtra
22.	Shri K.I. Patel, President, Gujarat Yoga Association	Gujarat
23.	Shri Paresh Bhatt, General Secy. Gujarat Yoga Association	Gujarat
24.	Shri V. Shanmuga Selvam, Gen. Secy. Yoga Association of A. P.	Andhra Pradesh
25.	Smt. Hema Keni Randhawa, Gen. Secy. Goa Yoga Association	Goa
26.	Shri Arvind Kumar Kotnala, Gen. Secy. Uttrakhand Yoga Association	Uttrakhand
27.	Shri Dhanesh Kumar Sinha, Gen. Secy. Bihar Yoga Association	Bihar
28.	Shri Sitaram Sharma, Gen. Secy. Orissa Yoga Association	Orissa
29.	Ms. Phila A. Thomas, President, Yoga Association of Dadra & Nagar Haveli & Daman & Diu.	Dadra & Nagar Haveli & Daman & Diu.
30.	Shri Vinod K. Bhatia, Gen. Secy. Jammu & Kashmir Yoga Association	J & K
31.	Shri Suresh Kumar, Gen. Secy. Ladakh Yoga Sports Association	Ladakh
32.	Shri Puneet Khullar, Punjab Yoga Association	Punjab
33.	Shri O.P. Malick, Advisor, YFI.	Haryana

First of all Shri Yash Parashar, General Secretary, Uttar Pradesh Yoga Association while welcoming the members present in the meeting requested Smt. Indu Aggarwal, President, YFI to chair the meeting, which was accepted by her. She extended warm welcome to the members present in the meeting and expressed her gratitude to all the Office Bearers of YFI, Presidents / Secretaries, State Yoga Associations and National Yoga Referees for their whole hearted participation and cooperation for successfully organizing 45<sup>th</sup> Sub-Junior, Junior & Senior National Yogasana Sports Championship live online on 15<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup>, 23<sup>rd</sup>, 24<sup>th</sup>, 30<sup>th</sup> & 31<sup>st</sup> January, 2021.

She informed the house regarding the next date of Court case i.e. 22<sup>nd</sup> April, 2021 and also intimated them that a rejoinder and an application has been moved by the Yoga Federation of India requesting the Hon'ble Delhi High Court for early hearing of the case. She further informed that the Yoga Federation of India is very soon launching the Yogasana Premier League (YPL) in a big way, for that already the move has been started. She further intimated the house that the players and Referees of Yoga Federation of India will be getting name and fame along with monetary benefits through this Yogasana Premier League. The house applauded this move and approved the launching of YPL.

**Following points were discussed in the meeting.**

**1. Confirmation of the minutes of the previous Annual General Meeting/ Election Meeting of Yoga Federation of India held on 19<sup>th</sup> January, 2021 (online).**

It was informed by the President, Yoga Federation of India that the minutes of Annual General Meeting / Election Meeting of Yoga Federation of India held on 19.01.2021 were circulated.

Shri Chanderkant S. Pangare (Maharashtra) proposed and Shri Yash Parashar (Uttar Pradesh) seconded supported by Shri Suresh Kumar (Ladakh) and Shri Vinod Kumar Bhatia (J & K) and the minutes were unanimously approved by the house.

**2. National Yoga Referees' Diploma Examination (Grade- A, B & C) on 14<sup>th</sup> March, 2021 and National Yoga Referees' Diploma Presentation Function on 15<sup>th</sup> March, 2021 at 03:00 PM (online).**

Regarding future activities of Yoga Federation of India, it was informed by the President, YFI that the National Yoga Referees Diploma Examination (Grade- A, B & C) will be conducted on 14<sup>th</sup> March, 2021, in that regards a mock test was also conducted on 10<sup>th</sup> March, 2021, so that the examinee may have no problem on their final day of examination. She also informed that 132 candidates have applied for this Referees Diploma Examination, out of which some of the Referees, who could not pass the Referees Diploma Examination held on 11<sup>th</sup> October, 2020 were also re-appearing. The Federation has not charge any Referees Examination fee from those candidates, as earlier decided by the Federation.

She also intimated that the Virtual National Yoga Referees Diploma Presentation Function will be held on 15<sup>th</sup> March, 2021 at 03:00 PM. She invited all the Office Bearers, State/U.T. Presidents and Secretaries and National Yoga Referees of Yoga Federation of India to attend the said Diploma Presentation function.



**3. 4<sup>th</sup> National Yoga Referees Refresher Course (online) on April 3<sup>rd</sup> - 4<sup>th</sup>, 2021.**

The President, YFI proposed the dates for online 4<sup>th</sup> National Yoga Referees Refresher Course on April 3 & 4, 2021 to update the National Yoga Referees of Yoga Federation of India with the Rules & Regulations, Syllabus and Judgment Criteria of National Yogasana Sports Competitions and Federation Yogasana Sports Cup. She also requested the Presidents and Secretaries, State/U.T. Yoga Associations to send the names of maximum National Yoga Referees of their State for participation in this Virtual National Yoga Referees Refresher Course by 25<sup>th</sup> March, 2021 positively.

**4. 5<sup>th</sup> Federation Yogasana Sports Cup (online) on June 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup> 26<sup>th</sup> & 27<sup>th</sup>, 2021.**

The President, YFI proposed the dates for Virtual 5<sup>th</sup> Federation Yogasana Sports Cup on 11<sup>th</sup>, 12<sup>th</sup>, 13<sup>th</sup>, 19<sup>th</sup>, 20<sup>th</sup> 26<sup>th</sup> & 27<sup>th</sup>, June 2021. She also proposed that in future also it will be desirable to conduct Federation Yogasana Sports Cup online so that maximum competitors can participate in the said event.

**5. 46<sup>th</sup> Sub-Junior & Junior National Yogasana Sports Championship from 20<sup>th</sup> to 24<sup>th</sup> October, 2021.**

The President, YFI informed that as per suggestion made by some of the Officials and National Yoga Referees that combined National Yogasana Sports Championship in all the age groups i.e. Sub-Junior, Junior & Senior age groups should be conducted but if it is so conducted then a big team of 66 competitors from each State/U.T. will participate and if all the 34 affiliated units of Yoga Federation of India participates then the number of the competitors will go up to approx. 2200, which will be big number for a host to provide lodging and boarding facilities. If the combined National Yogasana Sports Championship as proposed has to be conducted then the only solution was that two male & two female competitors in each age group from each State/U.T. can participate, which again was not in a good taste for the competitors as well as the State Secretaries/ National Yoga Referees. Therefore, she suggested to conduct Sub-Junior & Junior and Senior National Yogasana Sports Championship separately.

She proposed that the 46<sup>th</sup> Sub-Junior & Junior National Yogasana Sports Championship to be held from 20<sup>th</sup> to 24<sup>th</sup> October, 2021. Dr. Abhinav Joshi, General Secretary, Yoga Sport Association of Rajasthan offered to conduct the said championship at Jaipur (Rajasthan).

**6. 46<sup>th</sup> Senior National Yogasana Sports Championship from 24<sup>th</sup> to 28<sup>th</sup> November, 2021.**

Regarding 46<sup>th</sup> Senior National Yogasana Sports Championship the proposed dates are 24<sup>th</sup> to 28<sup>th</sup> November, 2021, for which Shri Yash Parashar, General Secretary, Uttar Pradesh State Yoga Association offered to organize it at Lucknow (Uttar Pradesh).

The house applauded this gesture of Dr. Abhinav Joshi and Shri Yash Parashar and gave their unanimous approval.

**7. Amendment in the Constitution of Yoga Federation of India as per guidelines of National Sports Development Code of India 2011 & National Code for Good Governance in Sports, 2017.**

It was further proposed by the President, YFI that some amendments are required in the present constitution of Yoga Federation of India as per guidelines of National Sports Development Code of India 2011 & National Code for Good Governance in Sports, 2017 of Ministry of Youth Affairs & Sports, Govt. of India. Which are as follows:

**1. CLAUSE 8 OF CONSTITUTION - MEMBERSHIP:**

- a) The membership of the Federation shall confine to State Yoga Associations/Union Territories Yoga Associations/National Level Autonomous Boards/Organizations.
- b) The affiliated State/U.T. Yoga Associations shall be registered under the Societies Registration Act and shall be governed by all the restrictions that are prescribed in the Sports Code as well as the Constitution as applicable to the Yoga Federation of India.
- c) The State/U.T. Yoga Association must affiliate atleast 50% of its District Yoga Association to be eligible for affiliation, and to remain affiliated.

**2. CLAUSE 10 OF CONSTITUTION - TOTAL NUMBERS OF EXECUTIVE COMMITTEE/ MANAGING COMMITTEE:**

As Model Election guidelines as per National Sports Development Code of India 2011 to be followed by all National Sports Federations the total numbers of Executive Committee should not exceed twelve members which shall be as follow:

President	-	1
Vice Presidents	-	2
Secretary General	-	1
Treasurer	-	1
Joint Secretaries	-	2
Executive Members	-	5

**3. CLAUSE 12 OF CONSTITUTION - TERMS AND CONDITIONS FOR THE MEMBER OF EXECUTIVE COMMITTEE:**

**A. TENURE AND TERMS OF OFFICE BEARERS**

- i) Any individual elected as President of the Federation can hold the office for three consecutive terms of 12 years (whichever is less) with or without break and shall cease to hold the office after attaining the age of 70 years.
  - ii) Any individual elected as member of the Executive Committee of the Federation can hold the office for two consecutive terms of 8 years (whichever is less) and can stand re-elected after undergoing the cooling period of 4 years and all persons elected shall cease to hold the office after attaining the age of 70 years.
  - iii) For Govt. employee to hold elected office in the Federation, the rules in force shall be applicable.
- B.** The Office Bearers of the Federations will not be allowed to hold office in any other National Sports Federation.
- C.** The Executive Committee will be elected for a term of Four years.

- D. Atleast Three members out of twelve member of Executive Committee i.e. 25% of the total members of the Executive Committee will be prominent sports person of outstanding merit. "Prominent Sportspersons means, a player who has either won an Olympic Medal, World Championship Medal, Asian Games Medal, Commonwealth Games Medal or a World Cup Medal or in the absence of any of the above, has won the Senior National Championships.
- E. There will be atleast 40% women members in the Executive Committee.
- F. The member of Executive Committee shall not accept any compensation or bonus of any kind in consideration for services or for the performance of duties as Member of the Federation, provided that, it shall be appropriate to reimburse a member for travelling, expenses incurred in the carrying out the function of Federation.

#### **4. NEW CLAUSE ADDED AS CLAUSE 17 OF CONSTITUTION - ATHLETIC COMMISSION:**

An Athletes commission will be set up, in terms of the National Code for Good Governance in Sports Bill, 2017. The Athletes commission shall be responsible for ensuring communication between the Yoga Federation of India and Yoga Players and serving as a source of feedback. It will advice the Yoga Federation of India on the perspective and needs of Yoga Players on inter alia,; (a) talent development, (b) training and competition scheduled; (c) redress of athletes grievances; (d) selection criteria; (e) logistical and administrative support; and (f) Players support and welfare.

#### **5. NEW CLAUSE ADDED AS CLAUSE 18 OF CONSTITUTION - ETHICS COMMISSION:**

An Ethics commission will be set up in terms of the National Code for Good Governance in Sports Bill, 2017. The Code of Ethics shall establish minimum standard for the ethical and appropriate conduct off and buy all the members of Executive Committee and Affiliated members of the Yoga Federation of India.

#### **6. NEW CLAUSE ADDED AS CLAUSE 19 OF CONSTITUTION - GRIEVANCES & REDRESSAL COMMITTEE;**

Grievances & Redressal Committee will be set up in terms of the National Code for Good Governance in Sports Bill, 2017, with atleast a woman member to resolve the grievances regarding sexual harassment or any other problem of woman players.

#### **7. CLAUSE 21 OF CONSTITUTION - CONDUCT OF ELECTION:**

- a) The election of the Federation shall be held after every four years as per "Model Election Guidelines".
- b) The election shall generally take place in the General Body meeting of Yoga Federation of India and, where so required, may also take place at a specially convened General Meeting.
- c) The Returning Officer fully versed with the election procedure preferably senior advocate of Hon'ble High Court will be invited as Presiding Officer for smooth and fair conduct of the election of the Federation.
- d) The Registrar Firm and Society will be requested to send their representative as an Observer for Election proceedings of the Federation.
- e) Election shall always be by secret ballot.

Yogiraj N. Ramalingam, Sr. Vice President, YFI, Sec., TNSYA, Shri Yash Parashar, General Secretary, Uttar Pradesh State Yoga Association, Shri Sher Singh, President, Yoga Sport Association of Rajasthan, Shri M.P. Singh, President, Yoga Sports Association Madhya Pradesh, Ms. Phila A. Thomas, President, Yoga Association of Dadra & Nagar Haveli & Daman & Diu, Shri Raman Kumar, Treasurer, YFI & Secretary, Himachal Pradesh State Yoga Association, Shri Prabhat Chander Bora, General Secretary, Assam Yoga Association, Shri Jatin Solanki, General Secretary, Maharashtra Yoga Association, Dr. Rajiv Uppal, General Secretary, Chandigarh Yoga Association, Shri Gautam Sinha, General



Secretary, West Bengal Yoga Association, Shri Gangadharappa, President, Karnataka State Amateur Yoga Sports Association, Shri Prabir Karmakar, President, Jharkhand Yoga Association, Shri K. Prabhu (Karnataka), Shri M.K. Virmani, Chairman, Chandigarh Yoga Association, Shri Puneet Khullar of Punjab supported the proposal of future activities of Yoga Federation of India as well as the proposed amendments in the constitution of Yoga Federation of India. Thus all the proposals were unanimously approved and passed by the members present in the house.

**8. Any other points to be discussed with the permission of the chair.**

- i. It was suggested by Shri Yash Parashar, General Secretary, Uttar Pradesh Yoga Association that the Players participating in the district/State Yogasana Sports Championship may also be registered as Registered Players of Yoga Federation of India. The proposal was accepted in principle by the Presidents, YFI. She assured to implement the same in near future.
- ii. Further Shri Yash Parashar suggested that the Zonal Yogasana Sports Championship must be conducted at each of the five zones to give more competitions to the Yoga Players. The President, YFI requested the members of YFI to implement the same. Shri Raman Kumar, General Secretary, H.P. State Yoga Association assured to organize North Zone Yogasana Sports Competitions in the State of Himachal Pradesh/Chandigarh. Also Shri Prabhat Chander Bora, General Secretary, Assam Yoga Association gave the assurance to the house for conducting North-East Zone Yogasana Sports Competitions in the near future.

As there was no other business to transact, the meeting came to end with vote of thanks to the chair.



**(Indu Aggarwal)**  
President  
Yoga Federation of India

**A copy is forwarded to the following for information please.**

1. The Office Bearers, Yoga Federation of India.
2. The Presidents / General Secretaries, All State / U.T. Yoga Associations.
3. The Chairman / Secretary, All India Police Sports Control Board, New Delhi.
4. The Registrar, Firm & Societies, Haryana.



**(Indu Aggarwal)**  
President  
Yoga Federation of India